

JOSEPH A. WEST, M.S., LMHC

CURRICULUM VITA

on the Internet at www.JosephWest.info

PROFESSIONAL EXPERIENCE

Private Practice

4285 S.W. Martin Highway
Palm City, FL 34990 (772) 287-6042
September 2015 – Current

Activities: Providing outpatient individual, family and group psychotherapy, biofeedback, QEEG, BAUD, and neurofeedback to children, adolescents, and adults. Specializing in behavioral medicine, anger management, parenting, divorce issues, couples and family counseling, attention deficit, behavioral problems, autistic spectrum disorders, Traumatic Brain Injury, behavioral headache management, sleep disorders, depression, anxiety, severe mental illness, stress, post-traumatic, adjustment and pain syndromes. bariatric surgery clearance. Treasure Coast coordinator for the American Council for Headache Education. Immediate Past-President, Biofeedback Society of Florida.

Neurology Associates of the Treasure Coast

901 S. E. Monterey Commons Blvd, Suite 200
Stuart, Florida 34957. (772) 287-6042
September 2005 – 2015

Activities: Providing outpatient individual, family and group psychotherapy, biofeedback, QEEG and neurofeedback to children, adolescents, and adults. Specializing in behavioral medicine, anger management, parenting, divorce issues, couples, attention deficit, behavioral problems, autistic spectrum disorders, headache, sleep, depression, anxiety, severe mental illness, stress, post-traumatic, adjustment and pain syndromes. Treasure Coast coordinator for the American Council for Headache Education. Board of Directors, Biofeedback Society of Florida 2008-2012, Editor of "Florida Biofeedback" the official newsmagazine of the Biofeedback Society of Florida. President, 2013-2015 Biofeedback Society of Florida.

Private Practice

15715 South Dixie Highway
Palmetto Bay, Florida 33157 (305) 598-0702
August 2001 – August 2005

Activities: Providing individual, family and group psychotherapy, biofeedback and neurofeedback to children, adolescents and adults in hospital and outpatient settings. Specializing in divorce issues, attention deficit, behavioral problems, headache, sleep, depression, anxiety, stress, post-traumatic, adjustment and pain syndromes. Consultant to Baptist Hospital of Miami Sleep disorders clinics.

Ryan Wheeler Treatment Headache Center

5975 Sunset Drive, Suite 501
Miami, Florida 33143 (305) 661-2022
August 2001 – August 2005

Title: Director, Behavioral Division

Activities: South Florida coordinator for the American Council for Headache Education support groups. Answering reader's questions on headache in A.C.H.E.'s national newsletter "Person to Person" column. Researching and treating pain, headache, and behavioral management issues. Developing workshops, preceptorships and training programs for professionals, pharmaceutical companies, government agencies, and physicians.

Ceramic League of Miami

www.ceramicleaguemiami.org
8873 S.W. 129 Street
Miami, Florida 33176 (305) 233-2404
February 2003 – February 2004

Title: President

Activities: President of a 66-year-old 501-3(c) non-profit community arts organization. Responsibilities include overseeing the 6-member board of directors, various committees, community school, community volunteer service programs, budget and finance of the organization, national workshops, members exhibition, grant seeking, marketing, physical plant, library, and archives.

Neurologic Center of South Florida

8940 North Kendall Drive, Suite 802-E
Miami, Florida 33156 (305) 598-0702
May 1988 – May, 2003

Title: Director, Behavioral Medicine Programs

Activities: Developing behavioral medicine programs for physicians and hospitals. Providing individual and group psychotherapy, biofeedback and neurofeedback to children, adolescents, and adults in hospital and outpatient medical settings. Specializing in headache, sleep, depression, anxiety, attention deficit, stress, post-traumatic, adjustment and pain syndromes.

Pain Management Center at Deering Hospital (Previously Baptist Hospital)

9333 S.W. 152 Street
Miami, Florida 33176 (305) 256-5245
May 1988 - February 1998

Activities: Biofeedback consultant to C.A.R.F. accredited comprehensive multidisciplinary chronic pain management center of excellence program. Responsible for treatment plans, biofeedback therapy for pain management and dynamic SEMG surface electromyography evaluation and treatment. Reporting in team rounds.

Miami-Dade Community College

11011 S.W. 104 Street
Miami, Florida 33176
January 1995 - August 1997

Activities: Instructor for court mandated "**Children of Divorcing Parents**" course. Educating parents of minor children how to minimize the negative effects of divorce. Teaching how children of different developmental stages interpret divorce, warning signs, active listening skills, communication and anger management.

Behavioral Medicine Institute

8700 North Kendall Drive, Suite 212
Miami, Florida 33176 (305) 274-0901
April 1987 - May 1988

Activities: Design and implementation of behavioral medicine programs in a large private practice. Worked with physicians treating a variety of medical and psychological disorders using biofeedback and psychotherapy.

HCA Grant Center Hospital

20601 S.W. 157th Avenue
Miami, Florida 33187 (305) 251-0710
May 1986 - July, 1988

Title: *Activity Therapist*

Activities: Art Therapy, activity therapy. Responsible for initial assessment, treatment plans, individual and group counseling, and reporting in rounds.

HCA Grant Center Hospital

November 1981 - May, 1986

Title: *Milieu Therapist III*

Activities: Responsible for carrying out treatment plans for a team of approximately ten adolescents in an inpatient psychiatric setting. Individual, crisis and group counseling.

Phoenix School

21 Charles Street
Akron, Ohio 44310 (216) 376-0608
December 1980 - March, 1981

Title: *Group Therapist*

Activities: Provided coping skills groups for youthful offenders in a program supported by the juvenile justice system.

Montenari Residential Treatment Center

M.M. 88.5
Plantation Key, Florida 33116
June 1979 - September, 1979

Title: *Houseparent*

Activities: Residential child-care worker for house of approximately 10 severely emotionally disturbed adolescents.

Family Practice Center at Akron City Hospital

525 East Market Street
Akron, Ohio 44309 (216) 375-3000
January 1979, June, 1979

Title: *Biofeedback Therapist, Research Assistant*

Activities: Assisted in research comparing the relative effectiveness of progressive muscle relaxation and biofeedback in the treatment of essential hypertension..

TEACHING EXPERIENCE, INVITED LECTURES, AND INTERVIEWS

1. Baptist Hospital of Miami (Miami, Florida) Comprehensive Pain Management Center, Grand Rounds. **Dynamic Surface Electromyography in the Multidisciplinary Treatment of Chronic Pain.** 8 August 1991
2. Baptist Hospital of Miami (Miami, Florida) Comprehensive Pain Management Center, Grand Rounds. **Altered Sensorimotor Integration in Myofascial Pain.** 15 November 1991
3. Television Interview. WTVJ, Channel 6 (Miami, Florida), Dr. Steve Greenberg. **All I Want is a Good Nights Sleep.** 15 February 1992
4. Television Interview. WTVJ-NBC (Miami, Florida), Ileana Bravo. **New Hope for Headache Sufferers.** 27 September 1995
5. Baptist Hospital of Miami (Miami, Florida), Women's Health Resource Center. **Myofascial Pain Syndromes.** 17 August 1996
6. Florida Association of County Social Service Executives Annual Meeting. Invited speaker. **Caring for the Caregiver.** 5 – 7 June 1996
7. Newspaper Interview. El Nuevo Herald (Miami, Florida). Minuca Villaverde. **El Dolor de Cabeza.** 14 May 1997
8. Newspaper Interview. Nationally Syndicated. The Herald (Miami, Florida). Deborah Stout. **For Migraine Suffers, New Reasons for Hope.** 1 August 1997
9. Deering Hospital Comprehensive Pain Management Center, Grand Rounds. **New Advances in Applied Psychophysiology.** 13 October 1997
10. Radio Interview. WINS (Miami, Florida). Health Talk. Dr. Norman Gaylis. **Migraine.** 23 November 1997
11. Baptist Hospital of Miami (Miami, Florida). Moderator, The Primary Focus Lecture Series. **Advances in Headache Management.** 21 January 1998
12. Baptist Health Systems of South Florida. (Miami, FL). **Advances in Headache Management. Update on Headache Diagnosis, Treatment and Management.** 25 May 1999
13. Television Feature. Nationally Broadcast. The Fox Health Network. A Healthy Balance. Jennie Sauder. **Migraine.** 15 December 1999
14. American Pain Society Poster Presentation: **The Clinical Spectrum of Hemicrania Continua** (Atlanta, Georgia). 2 November thru 05 November 2000
15. Deering Hospital Comprehensive Pain Management Center, Grand Rounds. **Behavioral aspects of Migraine Care** 13 February 2001
16. Martin Memorial Healthcare Systems (Palm City, Florida) **Multidisciplinary Treatment Options for Chronic Musculoskeletal Pain** 21 October 2005
17. Arthritis Foundation, Stuart Women's Club, (Stuart, Florida). **Coping with Fibromyalgia; A Behavioral Perspective** 17 January 2006
18. Martin Memorial Healthcare Systems, Quarterly Rehab Meeting, 2007 (Stuart, Florida) **Chronic Pain; Current Theories and Multidisciplinary Treatment**

EDUCATION

	<p>M.S. DEGREE Nova Southeastern University Fort Lauderdale, FL 33314 Major: Counseling Psychology Awarded: June 1986</p>		<p>B.A. DEGREE Kent State University Kent, Ohio 44242 Major: Psychology Awarded: June 1981</p>
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LICENSURE

Licensed Mental Health Counselor, State of Florida: **MH 0002106**

CREDENTIALING

- T.I.D.: **650166229**
- Council for Affordable Quality Healthcare, Provider I.D: **11758151**
- National Provider Identification Number: **1760491963**
- Florida Medicaid Provider Number: **768922500**

LIABILITY INSURANCE

CPH and Associates
711 S. Dearborn, Suite 205
Chicago, IL 60605
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PROFESSIONAL ORGANIZATIONS

- Biofeedback Society of Florida, Immediate Past-President
- American Association of Psychophysiology and Biofeedback
- International Society of Neuronal Regulation

PREFERRED PROVIDER FOR:

All Blue Cross/Blue Shield Plans
Aetna
Amerigroup
GHI
Florida Healthy Kids
United Healthcare
UBH
Cigna Healthcare
Humana Medicaid
E-4 Health
Sunshine State Medicaid

Cenpatico
First Health Network
Coventry
Mental Health Network
Magellan
Beach Street
Mines and Associates
Meritain
Prestige Health
Molina
Beacon Health Plans

Gallagher Bassett
MultiPlan
Vista Health Plan
Comp-Options
AmTrust North America

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Most area EAP's
Workers Compensation
PIP